



ST. THOMAS AQUINAS CATHOLIC PARISH

602 Everglade Drive, Madison WI 53717 • (608) 833-2600 • stamadison.org • parish@stamadison.org

LOVE GOD. LOVE OTHERS. MAKE DISCIPLES!



IN OUR TEMPTATIONS,
WE ARE NOT ALONE

Regular Mass Schedule

Saturday 4:30 PM
Sunday: Masses in English..... 8:00 & 10:00 AM
 Misa en español/Mass in Spanish 6:30 PM
Monday, Wednesday, Friday 8:30 AM
Tuesday 5:30 PM
Thursday 7:30 AM

Confession

Saturdays, 3:15–4:10 PM **Sundays, 9:00–9:50 AM**

Prayer, Devotion, and Adoration

Our Lady of Perpetual Help: Monday after Mass

Chaplet of Divine Mercy: Wednesday after Mass

Morning Prayer: Thursday after Mass

Rosario en español: Thursday, 6:00–7:00 PM

Rosary in English: Friday, 8:05 AM

Adoration: Monday, 2:00–4:00 PM

 Tuesday, 4:15–5:20 PM

 Friday, 9:00–10:00 AM

Parish Staff

Pastor: Fr. Bart Timmerman, 833-2600,

Deacon: Rev. Mr. Lawrence Oparaji, 833-2600

Pastoral Associate: Erik Gyr, erik@stamadison.org

Music Ministries: Gregory Buchberger, greg@stamadison.org

Director of Evangelization and Parish Outreach:

Jennifer Ludtke, jennifer@stamadison.org

Middle/High School: Dominick Meyer, dominick@stamadison.org

Children & Families/Hispanic Ministry:

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Clarice Hinrichs, clarice@stamadison.org

First Sunday in Lent
March 10, 2019

Primer Domingo de Cuaresma
10 de marzo de 2019

From the Desk of Fr. Bart

First Sunday of Lent: “Come, Holy Spirit, Lead Us to Easter Renewal!”



The Spirit led Jesus into the desert in our Gospel, where Jesus was tempted by the devil. We too are called into the desert of Lent. For forty days we embrace fasting, prayer, and almsgiving so as to empty ourselves in order to be filled anew with the abundance of God. Our theme for Lent 2019, “Come, Holy Spirit, Lead Us to Easter Renewal,” reflects the way Jesus entered the desert, being led by the Spirit. The theme also gives us the sense that we are on the journey, moving in a direction, we never want to be stagnant in our faith, but always growing and maturing. And the theme also gives us the goal that we live for and are journeying towards: Easter Glory! For us this year at STA, we are preparing for a Parish Renewal on Divine Mercy Sunday, the weekend after Easter. All during Lent we want to be preparing ourselves for a life changing renewal of our love for Jesus. This weekend we begin this journey towards renewal, led by the Holy Spirit, onward to eternal life. I invite you to join in on this journey to the fullest extent you are able and plan to attend our Parish Renewal at the end of Lent on April 29, 30, and May 1. Let’s pray for the Holy Spirit to come and renew us in our faith:

“Come Holy Spirit, fill the hearts of your faithful, kindle in them the fire of your love. Send forth your Spirit and they shall be created. And you shall renew the face of the earth. Amen.”

Sacrament of Reconciliation

I warmly invite all to celebrate the Sacrament of Reconciliation during this penitential season of Lent. This is an important aspect of our Lenten journey and preparation for celebrating Easter Sunday Mass. We have many opportunities throughout Lent for this Sacrament of Healing and Forgiveness. If you have been away from the Sacrament for a while, you are invited to make a special appointment so that there is no line and more time to experience God’s mercy in a profound way. We have Confessions available every Saturday at 3:15 PM and every Sunday at 9:00 AM. Also, we have an evening available on April 9 from 6 to 8 PM. After we confess and are absolved, we feel relieved and joyful, confident in the love and forgiveness of God who is so merciful with us. We go forth from the Sacrament to live for Jesus and share His love with others.

Pray for Those Preparing to Receive the Sacraments

As we begin Lent, let us remember to pray for all those who are preparing to celebrate the Sacraments of Initiation, but especially those from our STA Parish.

We remember those in our RCIA Program: Our two Catechumens who are preparing to celebrate Baptism, First Eucharist, and Confirmation and our Candidate preparing to celebrate First Eucharist and Confirmation at the Easter Vigil.

We remember our 29 young people who are preparing to celebrate the Sacrament of Confirmation on Saturday, May 11 at St. Francis Xavier in Cross Plains.

We remember our 36 young people who are preparing to celebrate their First Holy Communion on Saturday and Sunday, May 4 and 5.

Prayer for Life

For expectant mothers placing their children for adoption: May they receive loving support as they walk this journey; We pray to the Lord:



Oración por la Vida

Por las mujeres gestantes: que piensan dar a sus hijos en adopción: para que encuentren apoyo amoroso durante este camino; roguemos al Señor:

Prayer for Justice

For expectant mothers placing their children for adoption: That they may find the legal system empathetic, compassionate and supportive of their decision; We pray to the Lord:

Oración por la Justicia

Por las madres que están colocando a sus hijos para adopción: para que el sistema legal sea uno compasivo y que apoye su decisión; Roguemos al Señor.

St. Patrick's Day Pancake Breakfast

When: **March 17 - 9 AM-Noon**

Where: St. Thomas Aquinas Social Hall

Cost: \$5 per person, no more than \$30 per family. All you can eat!

Middle and high school students will be running the pancake breakfast, but if you would like to volunteer, please contact Dominick Meyer.



Lenten Fast for Creation Care

This Lent, consider a Lenten Sacrifice focused on Care for God’s Creation



Why a Lenten Creation Care Fast? Our collective energy use patterns have a significant impact on God’s gift—our environment.

WEEK TWO: Heating and cooling account for up to 48 percent of home energy consumption according to the Dept. of Energy. So, putting on a sweater and turning the thermostat down help protect the environment. Try turning it down to 68° when you are home, and lower when you are asleep or away. A 7° drop for 8 hours/day can generate up to a 10% energy savings.

HOME ENERGY FAST - Set thermostats to 65° at night, and 68° in the day and dress warmer indoors. If that’s too much, try 2-3° cooler than normal.

Reflection from

Deacon Lawrence Oparaji



As a high schooler I always struggled with the idea of temptation. I always asked, “what kind of God allows His followers to be tested?” Then one day I stumbled upon proverbs 17:3 “Gold and silver are tested by fire, and a person's heart is tested by the Lord.” So, our temptations and trials are there to purify us, they are there to strengthen us in our resolve to follow Christ till the end.

In a sermon once preached by Pope St. Leo the Great, he taught that “Works of virtue do not exist without trial or temptation; no faith goes unopposed; no struggle is without an enemy, no victory without a battle.” He goes on to say that, “we live our lives amid snares and struggles. If we do not want to be deceived, we must be watchful; if we want to win, we must fight.”

Not even Jesus, the Father’s son whom He loved so much, was spared some of these experiences during the forty days He was led by the Spirit through the wilderness. He was tempted by the devil to forfeit His glory and be his slave; neither did the Israelites enter the Promised Land without crossing the desert and facing up with many temptations, dangers and ordeals for the forty years they spent crossing the desert; a memorable experience which Moses bid them recollect and pronounce before the altar of the Lord in the first reading, after they had entered the Promised Land.

Similarly, our pilgrimage through this world cannot be without trials and temptations. For we make progress by overcoming trials and temptations; we come to know ourselves better by means of trials and temptations; we receive a crown only after victory over trials and temptations. As daily we journey in the Holy Spirit this Lenten season and face up to the truth and realities about our life, we are bound to experience interior trials owing to our growing consciousness of our sins. This may raise feelings of guilt, fear, worry, or anxiety, in us but always remember that we worship a God who is merciful and loves. We do not worship a God who is unable to sympathize with our weaknesses and struggles, we worship a kind and merciful God, quick to forgive and slow to judge.

Let us all be open to this journey and invite Christ to be our map, our guide and guard. Let us call upon His name when we feel tempted and tried this Lent and always! God bless.

RCIA: The Rite of Sending

Let us pray in a special way for our RCIA participants: Ze Ching Oh, Christopher McFarland, and Ashley Boehrig.

Around the world, Catholic bishops on this first Sunday of Lent will welcome those sent by the parish to gather together with their godparents and sponsors in what is known as the Rite of Election and the Call to Continuing Conversion. The Rite of Sending, held this Sunday at 10 AM Mass, offers the parish an opportunity to acknowledge the spiritual progress the catechumens and candidates have made, express approval of their election or recognition, and send them forth with assurance of the parish's care and support. In Sacred Scripture, the Book of Revelation makes reference to a “Book of Life,” in which are written the names of those who have chosen to follow the Lord Jesus and be baptized. Those of us who are already baptized, as Catholics or in other denominations, had our names written in the Book of Life at our Baptism. In this Rite, those preparing for Baptism are invited to come forward and sign a book, which we call the “Book of the Elect,” as a sign of their desire to be numbered among the chosen of God.

Lenten Prayer and Sacrifice Opportunity.

In solidarity with this Spring’s 40 Days for Life campaign, the Madison Diocese Vigil for Life will increase the hours of praying at Planned Parenthood. From Ash Wednesday (March 6) through Palm Sunday (April 14), we will join in peaceful prayer and witness from 9 AM to 6 PM, Monday through Friday. Please consider increasing your prayers for life during Lent by witnessing for LIFE at this modern-day foot of the Cross: the sidewalk outside of Planned Parenthood, 3706 Orin Rd, Madison. You can sign up to pray at this web site: vigilforlife.org/calendar/

Feed My Sheep

Our Parish is again participating in Feed My Sheep - a food packaging event at the Catholic Multicultural Center on **Saturday, April 6th**. We are now collecting donations to raise money to pay for the ingredients and shipping cost of the meals. One quarter buys one meal. Along with 9 other area churches, last year we packaged over 200,000 meals!

Volunteers can sign up to help package the meals online at feedmysheepmadison.com/. Registration for the packaging day opens on Ash Wednesday and the spots fill up very fast! This Ewe Tube will hold 40 quarters (\$10), so please fill it with what you are able and return it to Sheep Collection Box in the Gathering Space or place it in the offertory by March 29. Cash or checks (payable to St. Thomas Aquinas) roll up nicely in the tubes, too!



Love God.

Love Others.

Make Disciples!

We are a Catholic parish where people experience Jesus Christ in a way that changes how they live.

Music & Liturgy with Greg Buchberger



What is Lent all about anyway? I'm so glad you asked!

Lent exists so that we can prepare ourselves for the Three Great Days – The Sacred Triduum of Holy Thursday, Good Friday, and Holy Saturday/Easter Vigil. These days are the culmination of the entire Liturgical Year, and celebrate the very essence of what we believe as Catholics. We look at the Sacred Triduum as one single celebration that lasts for three days. We cannot separate the death of Jesus from His resurrection. We do not spend all of the three days in church, but at various times during these days, we are called to church to gather and remember together. When we are not in church, we are asked to keep the spirit of these days even in our homes, if possible. These days are not days of “business as usual.”

Holy Thursday – Thursday, April 18 at 7:00 PM

Good Friday – Friday, April 19 at 1:00 PM (English) and 3:30 PM (Spanish)

Easter Vigil – Saturday, April 20 at 8:00 PM

You are invited in a special way to come and pray with us during these Most Holy Days. Mark your calendar now and consider setting aside the time to celebrate the entire Triduum in all of its beauty and fullness. As a community of faith, these are the days to come together in prayer, to offer our hearts before God, and to experience the power of God working in and through each of us.

Each weekend during our Lenten Season, we will begin our celebration by singing:

Return to God with all your heart. Surrender and be free. With humble hearts we cry to you: have mercy on us Lord; Forgive our sin, we pray, we pray.

We then come to God in the Penitential Rite and pray together the Kyrie Eleison (Lord, have mercy) in Greek.

Lord Jesus, you make us a new people. Kyrie Eleison (Lord Have Mercy).

Lord Jesus, you speak your Father's word and we are free. Christe Eleison (Christ Have Mercy).

Lord Jesus, you raise your hand and we are healed. Kyrie Eleison (Lord Have Mercy).

During our Universal Prayer (General Intercessions), we raise our response to each petition in sung prayer, as we plead Kyrie, Kyrie, Eleison (Lord, Lord have mercy).

Pray that during this Lenten Season we will be able to sincerely experience the Love of Jesus and that this may be a time of renewal and hope for all of us. Together we can journey with Christ and pray for a stronger faith and trust in His promise to be with us always.

An Evening of Music

Monday, March 11, at 6:00 PM

Get away from the noise of everything for a brief time of recollection, prayer and music. Gayle, a weekend musician, will lead an Evening of Music that will last 45-60 minutes and will be held in the church.

Discipleship with Holly Irving



Estate Planning

Estate planning is the way to continue your life's work. It is vital that you invest some time to insure that your life's efforts will continue the causes and people who will most treasure your gifts. Your attorney, in conjunction with your accountant, can prepare a proper will and make other arrangements for the easy, inexpensive transfer of your estate.

Midweek Charge for Disciples

Pick up the Bible and open it to Psalm 46:10. Find Jesus in the silence this week!

Simulation on the Refugee Crisis



On Sunday, March 24, 11:15-12:30 all parishioners are invited to participate with our middle and high school students in a unique immersion experience. Rooted in Catholic Social Teaching, this experience provides a deeper look into the lives of our brothers and sisters around the world. Grow in an understanding of their challenges, and take the opportunity to reflect on how you may be called to act. Co-hosted by the Justice and Peace Committee, there will be future opportunities to learn more about the issue. **Please RSVP by March 18 to jennifer@stamadison.org.**

Prayer for Parish Renewal

Father, as we prepare for our parish renewal, open our hearts and minds so that we might receive your word with great joy.

Pour out your Spirit upon us.

Grant us a new vision of your glory, a new experience of your power, a new faithfulness to your word, and a new passion for your mission.

May your love grow within us and among us.

We ask this through Christ our Lord. Amen

St. Thomas Aquinas, pray for us.



Weekly Stewardship of Treasure

March 2/3

Offertory	\$14,384
Building Fund / Capital Fund	\$1,460
Catholic Herald	\$120

Thank you for your generosity and support of our mission at St. Thomas Aquinas Parish!

Counters Schedule

Monday, March 11

Jan McGinley and Edward Corcoran

Tuesday, March 18

Aeki Baik and Barbara Rudin



We Pray for Our Loved Ones

SERVING WITH THE ARMED FORCES

- CW4 Steve Artz**, brother of Sue Ziegler and Judy Rossa
- SSG Michael Bosold**, nephew of Sharon Michel
- SFC Enrique Andres Cervantes**, cousin of Maria McHugh
- A1C Margarita Clayton**, Sister of Tina Hutchison
- Major Tim Doll**, nephew of Jerry and Mary Ann Doll
- A1C Colin Donovan**, cousin of Pat Korger
- Lt. Colonel Michael Everton**, brother of Jennifer Doering
- Captain Alex Harms**, son of Bruce and Judy Harms
- Airman First Class Brianna Herreid**, granddaughter of Ken and Joyce Niesen
- SPC Shalice Hood**, friend of Alyssa Rivera
- A1C Nicholas Jones**, grandson of Mary and Gordon Samuelsen
- SSGT Mark Jurakovich**, brother of Gina Levesque
- LT Bradley Kirschbaum**, grandson of Tom and Sally Ellis
- SSGT Mike Levesque**, brother of Chad Levesque
- CPL Alyssa Rivera**, cousin of Fr. Bart Timmerman
- Major Stuart Mark Slattery**, grandson of Thomas and Loretta Slattery
- Steven Thomas**, brother of Linda Galang
- SGT Jack Vilim**, nephew of Mary Crave
- SGT Ian Bush**, nephew of Patrick and Kathy Taddy
- SGT Jason Voss**, nephew of Gary and Nancy Kubat

Please let Mary or Clarice (833-2600) know if there has been a change to the status of your family member.

This Week at St. Thomas Aquinas

Sunday, March 10

Daylight Saving Time begins; be sure to set your clocks ahead
Confessions 9:00 AM

Monday, March 11

Evening of Music with Gail 6:00 PM
Justice and Peace, Lower Conference Room 6:15 PM
Young Adults, Library and Bride's room 7:00 PM

Tuesday, March 12

Marian Prayer Cenacle Group 6:00 PM
Parish Life Committee Meeting, Large Social Hall 6:15 PM
Capital Campaign Committee Meeting, Lower Conference Rm ... 6:30 PM

Wednesday, March 13

Toddler Time, Upper Conference Room and Nursery 9:00 AM

Thursday, March 14

Spanish Rosary 6:00 PM
Parish Choir Rehearsal 6:30 PM

Saturday, March 16

STACKS, RE Wing Room 102 - 104 1:00 PM
Confessions 3:15 PM
Come and See (New Members Welcome), Social Hall 5:30 PM

Sunday, March 17

Pancake Breakfast, Social Hall 8:00 AM
Confessions 9:00 AM

Care Facility Liturgies This Week

Oakwood: Friday, March 15, Rosary

Brookdale: Friday, March 15, Word and Communion

Sebring: Sunday, March 24, Word and Communion

Resources for Human Needs

- www.momhelps.org/: Middleton Outreach Ministry (food, housing, utilities, clothing)
- www.womenscarecenter.org/Madison.html: Women's Care Center (counseling, ultrasounds)
- www.catholiccharitiesofmadison.org/: Catholic Charities (adoption, aging services, developmental disabilities, counseling, substance abuse treatment, etc.)
- www.cmcmadison.org/: Catholic Multicultural Center (food, health services, education, job development, immigration legal help)
- abuseintervention.org/: Domestic Abuse Intervention Service (crisis response, emergency shelter, support groups)
- www.silentnomoreawareness.org: Abortion recovery help
- hopeafterabortion.com: Project Rachel (Abortion recovery help)
- Madison AI-Anon Hotline:** support for families and friends troubled by someone else's drinking or drug use - 608-255-5181
- www.elizabethhousedane.org: Care Net Pregnancy Center of Dane County (free residential maternity and parenting program)
- National Suicide Hotline:** 800-273-8255
- National Hotline Number for Sex Trafficking** phone 888-373-7888 text "help" to 233733

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Mass Intentions for This Week

Saturday, March 9

4:30 PM Luz Gonzalez de Robledo ☩

Sunday, March 10: 1st Sunday of Lent; Daylight Saving Time Begins

8:00 AM St. Thomas Aquinas Parishioners

10:00 AM Arthur Mann ☩

6:30 PM Alice Varese ☩

Monday, March 11

8:30 AM Frank and Al Weitz ☩

Tuesday, March 12

5:30 PM Tom Gombar ☩

Wednesday, March 13

8:30 AM Shirley Laska ☩

Thursday, March 14

7:30 AM Bishop Robert C Morlino ☩

Friday, March 15

8:30 AM Dorothy Possley ☩

Saturday, March 16

4:30 PM Kevin Sorge ☩

Sunday, March 17: 2nd Sunday of Lent; St. Patrick's Day

8:00 AM For the new Bishop to be appointed for our Diocese

10:00 AM Eileen Thiede ☩

6:30 PM St. Thomas Aquinas Parishioners

Readings for the Week of March 10

Sunday: Dt 26:4-10/Ps 91:1-2, 10-11, 12-13, 14-15 [cf. 15b]/
Rom 10:8-13/Lk 4:1-13

Monday: Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15 [Jn 6:63b]/Mt 25:31-46

Tuesday: Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19 [18b]/Mt 6:7-15

Wednesday: Jon 3:1-10/Ps 51:3-4, 12-13, 18-19 [19b]/Lk 11:29-32

Thursday: Est C:12, 14-16, 23-25/Ps 138:1-2ab, 2cde-3, 7c-8 [3a]/
Mt 7:7-12

Friday: Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8 [3]/Mt 5:20-26

Saturday: Dt 26:16-19/Ps 119:1-2, 4-5, 7-8 [1b]/Mt 5:43-48

Next Sunday: Gn 15:5-12, 17-18/Ps 27:1, 7-8, 8-9, 13-14[1a]/Phil
3:17—4:1 or 3:20—4:1/Lk 9:28b-36

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Ladies of Divine Mercy Meeting

The Ladies of Divine Mercy invite all women to our next evening on Friday, March 15 at 6:30 PM at St. Mary Parish in Pine Bluff. Mrs. Bonnie Engstrom is coming to speak on the alleged miracle of her son, James, through the intercession of Venerable Fulton J. Sheen! With a mother's heart, she will share the story of her son's birth, his miraculous rising from the dead, and complete healing. Come hear this incredible story of faith and learn more about the cause of Sheen's canonization! Please contact Rachel Hunstiger 608-279-2603 with any questions.

Ripon College Chamber Singers Perform with Diocesan Choir

The Ripon College Chamber Singers will conclude their annual tour with a concert in the chapel of Holy Name Heights on **Tuesday, March 19 at 7:30 PM.** John C. Hughes, assistant professor of music and director of choral activities, is the conductor.

The Chamber Singers will rehearse with the Diocesan Choir during the afternoon. The two choirs will sing together for the first selection on the program. The Chamber Singers will then perform a variety of unaccompanied choral works. The concert is free and open to the public, and a good-will offering will be accepted.

For more information madisondiocese.org/RiponConcert.

Comedy Night Fundraiser for Pregnancy Helpline

Join us for an evening of laughs featuring local Madison stand-up comedian Charlie Kojis! Come enjoy a lively night in celebration and support of Pregnancy Helpline's work in our community. Proceeds benefit local babies and young families through Pregnancy Helpline programs.

When: Thursday, March 14 at 7 PM. Doors open 6:00 PM

Where: The Brink Lounge, 701 E Washington Ave, Madison

Tickets: \$20 in advance \$25 at the door.

Catholic Student Organizations at UWW

Warhawk Catholic Campus Ministry is collecting stories from area University of Wisconsin-Whitewater alumni to recognize 50 years of having an active Catholic student organization on campus. If you were part of the Catholic student organizations over the years and would like to share your stories and photos of faith, please send them to: bromanc@archmil.org, or Warhawk Catholic, Attn: Claudia Broman, 336 N Prairie St, Whitewater, WI 53190.

Can You Help Fill This Prescription?

The Society of St. Vincent de Paul is looking for licensed pharmacists and pharmacy technicians to help neighbors in need by volunteering at the Society's free pharmacy.

The busy St. Vincent de Paul Charitable Pharmacy fills prescriptions free for uninsured adults with low incomes. The pharmacy has been operating since 2013 and today fills as many as 1,000 prescriptions per month.

The pharmacy is located in the Middlecamp Center for Vincentian Charity, 2033 Fish Hatchery Rd in Madison, and is open three days a week (except holidays) as follows:

Mondays: 11 AM - 2 PM

Tuesdays: 1 to 4 PM

Thursday: 3 to 6 PM

Shifts start an hour before opening and may last up to an hour after closing. A commitment of one shift per week is preferred, but other schedule options are available.

For more information, please call (608) 442-7200 x464 or visit svdpmadison.org/need-help/pharmacy.

An Examination of Conscience based on the Fruit of the Spirit

The fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, self-control. Against such there is no law. Now those who belong to Christ [Jesus] have crucified their flesh with its passions and desires. If we live in the Spirit, let us also follow the Spirit.” Gal 5:25-26

1. Love

Do I love God with all my heart, soul, mind and strength above all else? Do I give to God what belongs to God? Do I truly love others as I love myself? Do my actions show it? Am I caring toward my family, my friends, and people I don't know? Do I make sacrifices for the good of others?

1. Joy

Am I joyful and content with what I have and with the gifts the Lord has given me? Have I envied another person or another's possessions or lifestyle? Do I trust that God loves me, calls me by name and will always provide for my material and spiritual needs? Do I joyfully submit to God's will? Am I willing to suffer joyfully for the sake of others?

1. Peace

Is there someone I need to forgive and have not? Do I hold grudges? Is my temper a problem? Do I hold anger or resentment in my heart? Have I ever told myself the lie that I am “unlovable,” or “no good,” or denied that I am an awesome beloved child of God? Have I been seeking peace with God, with others and my conscience?

1. Patience

Do I really honor my parents? Do I try to listen to what they ask of me and be patient with them? Do I lash out when I am frustrated? Do I curse in impatience? Am I tolerant of other people even if they disagree with me?

1. Kindness

Do I look to the needs of others and strive to treat every person as if they were Jesus Himself? Am I kind to myself, or am I too hard on myself? Do I give in to depression or self-pity? Have I always sought the supreme good of others? Am I kind in thought, word, and actions? Have I willfully turned away from opportunities to be kind?

1. Generosity

Am I generous with what I have? Have I stolen anything? Do I put too much trust or emphasis in material possessions? Have I given my time, talent and money to God and the poor? Do I serve God, not counting the cost? Do I tithe and help the poor from my first or the best? Do I give of myself without being asked? Do I give the most or the least of myself?

1. Faithfulness

Am I truthful and understanding? Do I seek to tell the truth even when I may be embarrassed when I do? Am I loyal to my friends? Am I faithful to my commitment to God, His church, my family? Am I constant in my Christian calling to be a disciple of Christ? Am I committed sincerely in my Christian values? Are my priorities rightly ordered?

1. Gentleness

Do I always need to be in control? Does my need for power, recognition, or prestige take precedence over the need for God in my life? Do I force my will on others? Am I gentle with my eyes, mouth and hands especially when I am angry?

1. Self-control

Do I have a humble spirit of penance and self-denial as taught by Jesus? Do I guard my senses? Have I given in to vanity, greed or lust? Have I been immodest in any way? Have I given in to addiction, pornography, glut-

Fast



Give



Prepare



Pray



Penitential Disciplines of Lent

The Christian faithful, during Lent, are clearly conscious of the need to turn the mind towards those realities which really count, which require Gospel commitment and integrity of life which, through self denial of those things which are superfluous, are translated into good works and solidarity with the poor and needy (Directory on Popular Piety and the Liturgy, #125).

In addition to choosing their own penitential practices, Catholics are also asked to observe the practices of fast and abstinence during the 40 days of Lent. The Lenten Fast and Abstinence Regulations are as follows:

1. Everyone 14 years of age or over is bound to abstain from meat on Ash Wednesday and all the Fridays of Lent.
2. Everyone 18 years of age and under 59 years of age is bound to fast on Ash Wednesday and Good Friday.
3. On Ash Wednesday and Good Friday, only one full meatless meal is allowed. Two other smaller meatless meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted on these two days, but liquids, including milk and fruit juices are allowed. When health or ability to work would be seriously affected, the law does not oblige.
4. Catholics should not lightly excuse themselves from these prescribed minimal penitential



Lenten Prayer and Mass Times

Adoration

Mondays: 2:00-4:00 PM in Chapel

Tuesdays: 4:15-5:25 PM in Chapel

Fridays: 9:00-10:00 AM in Chapel

Confession During Lent

Tuesday, 4/9, 6:00-8:00 PM

Saturdays, 3/9-4/13, 3:15-4:15 PM

Sundays, 3/10-4/14, 9:00-9:45 AM

Stations of the Cross

Stations in English: Friday, 3/8 3:00 PM

Tuesdays, 3/12-4/9, 6:00 PM

Holy Week Schedule

Passion Sunday, April 14:

Masses Saturday at 4:30 PM

Sunday at 8:00 AM

10:00 AM with procession from Social Hall

6:30 PM in Spanish / en español

Holy Thursday, April 18: No 7:30 AM Mass

Mass of the Lord's Supper, 7:00 PM

Good Friday, April 19: No 8:30 AM Mass

Liturgy of the Lord's Passion, 1:00 PM

Servicio de Viernes Santo, 3:30 PM

Easter Vigil Mass, Saturday, April 20, 8:00 PM

No Mass at 4:30 PM on Holy Saturday

Easter Sunday, April 21, 8:00 AM in Church

10:00 AM in Church

10:15 AM in Social Hall



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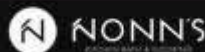
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